

Lymington Amateur Rowing Club
Almansa Way, Lymington, Hampshire, SO41 3PY

July 2022 Committee Meeting

Held at LARC

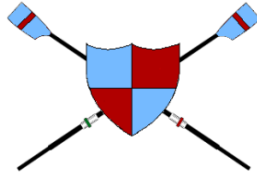
Present: Hugo, Jane, Pete, Livvy, Terry

Apologies: Mark, Fee, Kirsty, Emma, Brian, Ellie, Callan

Date: 7 July 2022

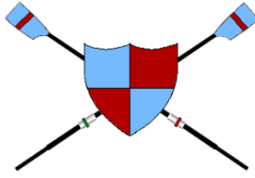
Review of previous minutes – draft notes for the June meeting were approved

Apologies		
Junior Rep update No points raised.		
Matters arising and agreed actions	Responsible	Action/update by
Pontoon The proposed new licence for the use of the pontoon was discussed and approved. Fee to liaise with LHC to finalise.	Fee	All Done
Equipment Hugo confirmed that he had ordered the Wintech C40 quad sculls which are their cheapest and most robust ones at a cost of £420 per set. HM said hopefully can pick up at Henley Masters this weekend. We discussed the broken Bracas scull and agreed that we should be ordering a replacement. Note that we should be able to cover this off with our insurance policy – Fee to ensure. A second trailer – we discussed how useful the 2 nd trailer had been for storage but PL indicated the army one would be going back in the next month or so. We had discussed buying it off them but they want it back. We all agreed that we should be looking to source another trailer since it gives us storage and race flexibility. We discussed other equipment need and all agreed that another Coastal pair is the number 1 priority and Burgashell the likely provider.	Hugo Terry Pete Pete	HM to follow up with Wintech on delivery. Order to be placed by next meeting. Trailer options to be circulated. Quote to be sourced.



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<p>Refurbishing of the Skylarc is one of the other priorities for the winter. We agreed that we believe Janousek would be our preferred option and that we would get a quote.</p>	<p>Pete</p>	<p>Quote to be sourced.</p>
<p>Rec rowing boat – HM said with club growing that focus is likely to be on ensuring that we have a Rec quad. TW said that Lentuna is being used .c12-15 sessions per week. One option is that we source a new coastal 4 or we try and source a FISA 4 – either way it would need to be funded through separate campaign/grants. We agreed that we might be able to get some grant funding but it would be done from a rec perspective.</p>	<p>Fee</p>	<p>Review grant options by the next meeting.</p>
<p>Strategic Update</p> <p>HM said that over the summer the club is hoping through Kirsty to run a few sessions on a Wednesday and Sunday over the summer to pick up more Rec/Casual races.</p> <p>Secondly, looking to offer a couple of group sessions for the Juniors over the summer (through Kirsty) as well as plugging in any 1:1 tuition into Terry for those who want to focus on developing their skills.</p> <p>HM elaborated on previous meeting comments and said plan is to have 4 levels next year</p> <ul style="list-style-type: none"> - Rec Rowing – with paid coaching involved as part of it done outside peak hours. - Casual Racing – where crews are still racing and able to train on Tues, Thursday and Saturday - Performance Squad – J16 upwards to Masters – will have clear expectations set out (e.g. set training plan with training c.4x per week, 3 races before Christmas, 2 after and certain number in Hants and Dorset - min 4 races). Coaching will be focused on this group. - Junior – within this we will have Race Squad - J14 and J15 (and maybe J16) squads – focus on settling crews down and developing skills. Mon & Sun at least. Development Squad – Newbies and J12/13 focusing on developing skills in singles (led by KM). 		
<p>HM said that will work with captains to ensure expectations documented by next meeting.</p>	<p>Hugo</p>	<p>Next committee meeting.</p>



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Treasurer's Report – Fee

The Financial Report was circulated in advance of the meeting and is attached below.

Safety Report - Jane

No reported incidents

New Members approval

Fee circulated the name of the following new members who have joined provisionally pending Committee approval. The following new members were approved:

Katy Teasdale

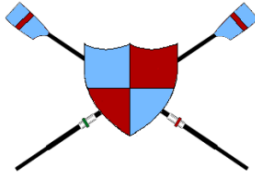
Oliver Davies

Max Mills

The Committee welcomes our new members.

F Brooker
Secretary
7 July 2022

Next Meeting: Thursday 4 August 2022 @ 8:15pm



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Captain's Report July 2022

June has been a busy month on the racing front despite 2 of the Hants and Dorset Regattas being cancelled (Southsea)/Rescheduled (Poole for 6th August)

The club had a historic performance at Swanage with multiple wins and 2/3s resulting in us winning the Victor Ludorum (see attached sheet). This reflected a strong representation from our J16 and Ladies squads with the latter winning Novice squads

Elsewhere on the river the club had representation at;

- - Masters National Champs where despite horrendous conditions Tim/Kenny in a highly creditable field came 5th (out of 13) in Open E2x and Pete/Hugo came 3rd (out of 5) in Open C2- .
- - Henley – Lena rowing under Reading colours lost in final of Aspiration 2x at Women Henley and Quarter Finals of the Champ Quads and Max rowing in Oxford Brookes B lost in Quarter Finals

Looking forward, we are hoping to have some crews racing at Woolston, Poole and BTC but expect a stronger turnout at Itchen (20th Aug) and the South Coast in September with people returning from their summer breaks.

Strategic Update

The focus continues on learning from our membership and ensuring that we have the sessions in place to support them.

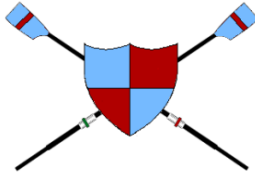
Over the summer, with formal squad training ending Mon 11th July we are hoping to continue to support them through a couple of group sessions in August organised by Kirsty but paid by the club and also single sculling tuition with Terry to help them develop their skills.

We will also be trying to run a couple of Wednesday night and Sunday morning sessions for club members of all ages (4s and quads) to get them afloat – this is aimed more at the rec rowing.

As we move to next year the plan is

- Transition to a set up where
 - J12/13s are supported on a Mon on the water by Kirsty.
 - J14-15s and maybe some J16s will train Mon and Sunday(atleast)

Jane is hoping to transition this to a new team and has been working hard on the protocols.



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- Performance Squad—which will be focused on athletes who want to train at a higher level – 4 days per week with a view to a double session on a Saturday. There will be a program for this and expectation is that anyone in this squad would be capable of single sculling and getting themselves afloat. This squad will be racing in small boats during the Head season on the river and likely then form the core of Ladies and Men 8 after Christmas. They will have priority for Tues, Thurs and Sat morning sessions.

- Other Men and Ladies Squad—will be able to train but expectation is that they will be responsible for getting themselves/crew afloat.
- Alternatively if they want a more rec approach they will train on a Weds or morning in the winter or in other organised Rec Sessions. The aim of the above is
 1. 1) Drive greater accountability for people doing their own training.
 2. 2) Where people do not want to regularly race people can still get afloat (Weds and Sunday).
 3. 3) Allowing coaching (remove the adhoc approach to outings) to focus on Performance crews

J16 and above to feed into Hants and Dorset, River and Offshore.

Action on me to have a firm proposal for September meeting so everyone is clear what we offer – just need some feedback.

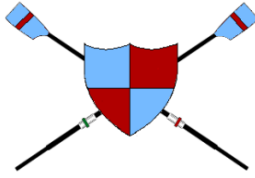
Proposed Membership Structure begin to think about it.

- - Rec Rowing – Base amount then need to pay on a session basis or buy 4 sessions – to be administered by Kirsty or Terry with reports provided to Fee.
- - Sessional Rowing – do we feel our rec rowing covers this off or do we need to offer sessional rowing (e.g. someone has to buy 4 sessions at £15 in one go?)
- - Race Rowing – Anyone who wants access on a Tues, Thurs or Sat morning. This will need to increase from current level – Fee can we please have a benchmarking for next Committee Meeting so we can have a firm proposition at Sept to distribute to members.

Equipment Update

Unfortunately we have broken another braca scull this week and so will need to source another one. Not sure if progress has been made?

Have ordered a set of most robust Wintech quad blades – C40 at a cost of £420 each - £1,680 in total.

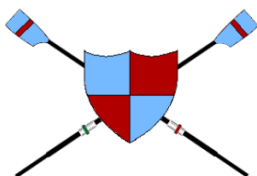


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Decision Required

The army trailer has been a real asset this summer but will have to go back in the next month or so. Do we want to purchase a 2nd trailer and if so what size? Personally I would support this.

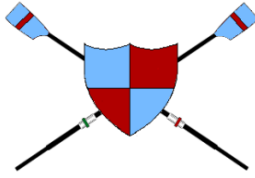
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Appendix 1 - Summary of Results

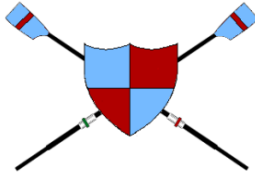
Regatta	Position	Event	Crew
Swanage	1	Junior Pair	Callan Wallis, Seb Mills
		Junior Scull	Alex Barnes
		Ladies Novice 4+	Elysia Parry, Pippa Homewood, Amelia Wakely, Annabelle Wilkinson – Cox Livvy Bull
		Ladies Novice Scull	Pippa Homewood
		J16 4 Boys 4+	Izaak Butchers, Angus Wagstaff, George Roche, Sol Chamberlain, Cox Tom W
		J16 Mixed 4x+	Emily Reeve, 2 George Balfour, 3 Florrie Tatlow, 4 Rufus Rose Cox Izaak Butchers
		J16 Mixed 4+	Amelia Wakely, Angus Wagstaff, George Roche, Pippa Homewood, Cox Izzy Wakely
	2	Ladies Senior Scull	Ellie Potter
		J16 Boys 4x+	George Balfour, Izaak Butchers, Rufus Rose, Sol Chamberlain, Cox Tom W.
		J16 Mixed 4+	Tom W, Maddie (Poole), Oriana (Poole), Sol Chamberlain Cox Crista Millar
	3	Ladies Senior Pair	Liv Bull, Sophie Boyd
		Ladies Novice Scull	Annabelle Wilkinson
		J16 Mixed 4x+	Gabriel Wall, Flora Bunce, Tom Williams, Izzy Wakely, Cox Sol Chamberlain
		J16 Girls 4x+	Emily Reeve, Flora Bunce, Florrie Tatlow, Izzy Wakely, Cox Crista Millar
Coal Porters	Final	Junior Pair	Callan Wallis, Seb Mills (2 nd)
		Senior Sculls	Pippa Homewood (2 nd)



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	Semi Final	Junior Four	Elysia Parry, Ellie Potter, Imogen, Pippa Homewood
Southsea		Cancelled	
Poole		Rescheduled – 6 th August 2022	

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Finance Report – for the month of June 2022

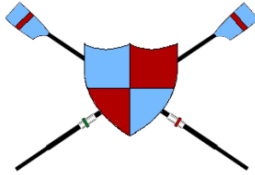
A very quiet month on the finance side. On the income side we had a small amount of membership income from returning students over the summer and another pontoon membership was sold.

On the expenditure side, the major item was the premium for the renewal of our boat/kit insurance. This has gone up this year due to the additional equipment we have acquired during the last year. We had outgoings also for entry fees for H&D regattas which I need to reconcile to collect amounts owing from competing crews. The new pontoon license fee has now been agreed with LHC at £2,400. The balance of the license fee not yet paid of £1,173 has just been invoiced and will be paid in July.

We closed the month with an available cash balance of £15.0k (after reserving cumulatively £320 for electricity) This is after investments in rowing assets in the 9 months to 31 May 2022 of £18.9k.

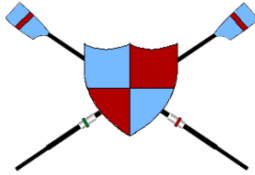
Prepared by: Fee Brooker, Hon Treasurer

4 July 2022



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	June	YTD
Opening cash balance	17,999	20,679
INCOME		
Membership income	117	17,815
Sponsorship income		3,405
Proceeds from equipment sales		1,650
Pontoon membership	120	1,977
Income from social events		1,146
Entry fees		428
Bar proceeds		250
Sundry		210
Merchandise sales	13	175
Room hire		249
Donations		115
MoS income		5,705
LOS entry fees /sponsorship		352
LHC electricity true-up		-340
Easy Fundraising	57	57
Total Income	307	33,194
EXPENDITURE		
Purchase of rowing assets		18,937
Maintenance of equipment	492	2,588
Cost of social events		1,532
Bus service & MOT	17	1,458
Insurance	1,999	3,268
Utilities		1,083
Bus fuel		415
BR/H&D affiliation fees		669
Bar stocks		384
Entry fees	474	1,396
Pontoon licenses		330
RIB service		311
Website hosting and domain name		307
Sundry		623
Management fee		231
Road tax		165
Keys		153
Bar license		140
RIB fuel		306
H&D SCC sponsorship		100
TV license	41	123
MoS regatta costs	71	2,497
Trailer parts		138
LOS event insurance refund		0
Ferry for island regattas		280
Pontoon license renewal		1,227
Total expenses	3,094	38,661
Closing cash balance	15,212	15,212
Reserved for electricity	-120	-320
Available cash	15,092	15,092



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MILFORD ON SEA REGATTA 2022

Financial Result

INCOME		
Entry fees		2,611
Sponsorship income		2,000
Food & Drink sales	2,369	
Food & Drink expenses	-1,275	
Food & Drink profit		1,094
TOTAL INCOME		5,705
EXPENSES		
Cups/prizes		1,248
H&D event license		20
NFDC event license		21
Insurance		121
PA hire		250
Critical care ambulance		660
Radio hire		53
Fuel		124
TOTAL EXPENSES		2,497
EVENT SURPLUS		3,208

(Note – still outstanding H&D levy of £403)