

Lymington Amateur Rowing Club
Almansa Way, Lymington, Hampshire, SO41 3PY

October 2022 Committee Meeting

Held at LARC

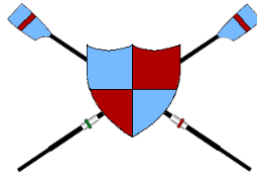
Present: Mark, Livvy, Fee, Ellie, Imogen, Terry, Jane

Apologies: Hugo, Kirsty, Brian, Pete

Date: 6 October 2022

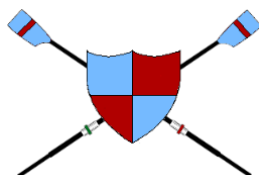
Review of previous minutes – draft notes for the September meeting were approved

Apologies	Responsible	Action/update by
Junior Rep update The Committee welcomed Imogen as our new junior rep taking over from Callan. There were no new matters arising but Fee to follow up with Leon on status of club blazers which was raised last month	Fee	
Matters arising and agreed actions		
Capsize Drill This was completed by the Junior squad during September.		
H&D Delegates Meeting 29 October 2022 Stan will probably attend but we can send 3 delegates and have 3 votes as a club which it would be good to use. Suggested that Alex might be able to join as H&D lead. Fee to follow up with him and anyone else available to advise Fee. Noted that any Championship trophies must be returned at this meeting, engraved, so that they can be presented at the SCC dinner in November. Liv confirmed she has one.	Fee Liv to arrange	
Electricity supply Fee noted that the Crossed Meter issue is still ongoing and is going to chase this week for an update, if any.	Fee	



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<p>Club events</p> <p>Dates for the club events were discussed and the following weekends suggested because they look best for tides: Colin Fagan Head – 5/6 November Christmas Pudding Race – 10/11 December Pete/Hugo to confirm preferred date – Sat/Sun</p> <p>Once the date is finalised, Fee will contact Mary Fagan to see if she would like to come along to the CF event and present the prizes again.</p> <p>Also proposed that we mark Stan’s retirement as Chairman at the Christmas Pudding Race.</p>	<p>Pete/Hugo</p> <p>Fee</p>	
<p>AGM</p> <p>The updated proposal on membership fees to be circulated to members and a hard copy put up on the notice board this week.</p> <p>The proposed nomination at the AGM of Honorary Life Membership for ex member Eric Smith is fully supported.</p> <p>Carried forward from August - once new officers have been appointed, to put up a profile board in the main club area. Contact details for our welfare and safeguarding officer should be displayed also in changing rooms/loos. To be actioned post AGM.</p>	<p>Fee</p>	
<p>First Aid supplies</p> <p>Kirsty had advised that stocks of first aid supplies were very low. Boxes were checked and had plenty of bandages but no plasters. One box included Ibuprofen which should not be included (no medication allowed). Fee to check with Kirsty what else might be missing and restock.</p> <p>Also discussed whether we should consider getting a defibrillator either at the club or perhaps generally available @ Lymington Shores. Fee to contact Residents Association to discuss.</p> <p>Carried forward to November – decision on purchase of the aquapacs for the RIBs which was previously discussed but not purchased</p>	<p>Fee</p> <p>Fee</p>	
<p>H&D awards</p> <p>Discussed possible nomination for the Mike Green Coaching award. Hugo was proposed for the work he has done with the girls squad. Fee to draft with input from Jane.</p>	<p>Fee</p>	



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Elysia has agreed to help coordinate the Dinner Dance.	Elysia	
Fee to confirm with Penny whether the SCC Aggregate Trophy is to be presented/handed over by BTC at the dinner.	Fee	
Social Media We need to find a replacement for Kirsty for leading on our social media content. Squad leads should be able to prepare content and upload directly but also look for someone to lead overall – possibly a junior under guidance. Advertise on bulletin boards.	Fee to advertise	
Winter circuits Lymington Sea Scouts venue is not available. Terry to ask at Walhampton and Fee to check at Priestlands.	Fee & Terry	
Frank Crabtree refurb Terry advised that the refurb is well underway. David has asked whether we would like her painted white which would significantly reduce the need to ongoing maintenance or varnished. Decision was split and input from rest of the committee to be taken.	All	
Milford On Sea debrief (rolling item) It was agreed that the event had been very successful all round. The comments on possible changes for next year have been captured and will be saved on the One Drive for future reference. It was agreed that Pete will investigate the purchase of new buoys and markers and that Fee will investigate the possible purchase of a gas fired urn and fridge. It was agreed to keep a rolling agenda item on future meetings to pick up any good ideas we see at other events which we might want to adopt.	Pete and Fee	

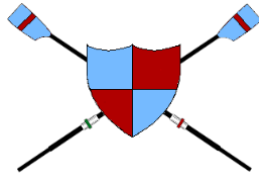
Reports

Captain's Report – Hugo

Hugo's report was circulated in advance and is set out below.

Decisions sought on the dates of club races – see above.

Equipment-wise, the refurb of Skylark is the priority and it was unanimously agreed that this should be done as soon as possible. A quote to be obtained asap so a decision on timing can be made – if we have the cash now, we should go ahead as soon as possible. If the quote is beyond our current



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means, we should book in asap after February when the next influx of membership income will be available to finance.

Treasurer's Report – Fee

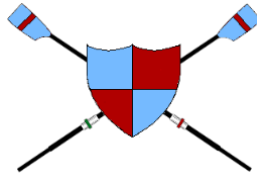
The report was circulated in advance and is set out below.

Safety Update

The lessons from the incident reported last month have been noted and are being adopted by all squads.

F Brooker
Secretary
10 October 2022

Next Meeting: Thursday 3 November 2022 @ 8:15pm



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Finance Report – for the month of September 2022

A light month on the membership side with just a couple of new half year memberships. However, the exercise to collect outstanding regatta fees is well underway and we collected over £600 this month. The exercise will be completed next month now that the final H&D regatta and SCC are behind us. We also received a refund of £282 entry fees from Poole for the cancelled regatta.

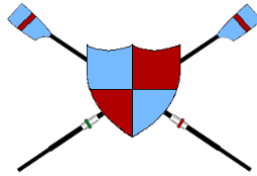
On the expenditure side, we purchased a new set of weights for £1,200 as approved at the September meeting. We incurred costs of £360 for the hire of a skip for the club clean up and had a further £570 in coaching costs for the September sessions.

We closed the month with an available cash balance of £8.1k (after reserving cumulatively £1,000 for electricity). This is after investments in rowing assets in the 12 months to 30 Sept 2022 of £24k.

Prepared by: Fee Brooker, Hon Treasurer

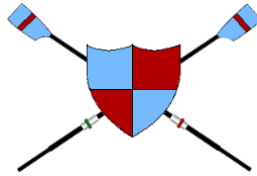
3 October 2022

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	Sept 22	YTD
Opening cash balance	11,224	20,679
INCOME		
Membership income	216	20,698
Sponsorship income		3,405
Proceeds from equipment sales		1,650
Pontoon membership		2,257
Income from social events	616	1,762
Entry fees	653	1,198
Bar proceeds		250
Sundry		210
Merchandise sales	14	189
Room hire		297
Donations		115
MoS income		5,775
LOS entry fees /sponsorship		352
LHC electricity true-up		-340
Easy Fundraising		126
Insurance payout		267
LTR income		120
Total Income	1,499	38,331
EXPENDITURE		
Purchase of rowing assets	1,439	23,972
Maintenance of equipment	196	2,861
Cost of social events	700	2,232
Bus service & MOT		1,458
Insurance	25	3,328
Utilities		1,083
Bus fuel		530
BR/H&D affiliation fees		669
Bar stocks		384
Entry fees - net of Poole refund (Sept)	-102	1,434
Pontoon licenses		412
RIB service		311
Website hosting and domain name		307
Sundry	425	1,170
Management fee		724
Road tax		165
Keys		153
Bar license		140
RIB fuel	62	520
H&D SCC sponsorship		100
TV license	41	164
MoS regatta costs	100	3,018
Trailer parts		138
LOS event insurance refund		0
Ferry for island regattas		280
Pontoon license renewal		2,400
Coaching sessions	570	1,890
Total expenses	3,456	49,843
Closing cash balance	9,167	9,167
Reserved for electricity	-1,000	-1000
Available cash	8,167	8,167

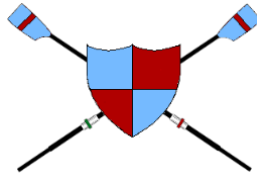


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MILFORD ON SEA REGATTA 2022

Financial Result

INCOME		
Entry fees		2,611
Sponsorship income		2,000
Food & Drink sales	2,369	
Food & Drink expenses	-1,375	
Pizza van commission	70	
Food & Drink profit		1,064
<i>TOTAL INCOME</i>		<i>5,675</i>
EXPENSES		
Cups/prizes		1,248
H&D event license		20
NFDC event license		21
Insurance		121
PA hire		250
Critical care ambulance		660
Radio hire		53
Fuel		124
H&D levy		421
<i>TOTAL EXPENSES</i>		<i>2,918</i>
EVENT SURPLUS		2,757



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Captain's Report

Committee Meeting October 2022

September saw Lymington finish the Coastal season in style with a strong performance in the Open Regatta at the South Coast Championships in Paignton and the Juniors have a fantastic day at Itchen Junior Regatta.

The South Coast Championships at Paignton were a well run event with decent weather although a cross-chop did develop in the afternoon. We took a total of 5 crews down to Paignton to compete in the Open Regatta and emerged with 3 wins, 1 2nd (very close) and a 3rd resulting in us winning the Open Regatta Victor Ludorum which we look forward to receiving at the Hants and Dorset dinner.

The same weekend Tim Bull and Kenny Chalk competed at the World Masters Championships in France putting in some strong performances in the their 1x, 2x and also a four with Poole (see Appendix for details).

A week later it was the Junior Squad's turn with us taking a number of crews J15 downwards to Itchen Junior Regatta on the following weekend on 17th September. We took a big squad with the plan to give as many of them racing experience as possible, some of whom had only started sculling over the summer. The day was a massive success with 5 wins and the camaraderie amongst the kids amazing with the parents stepping up to help.

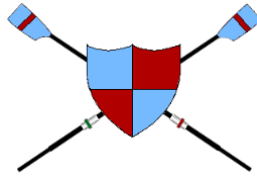
On the same day we also took four scullers to the Scullers Head in London where Alex, Seb, Ellie and Pippa bravely took on the Boat Race course in reverse

Most recently on 2nd October the club had 2 crews competing at the Pairs Head. Pete Lock and Dave Mans put in a strong performance racing the City of Oxford crew all the way down the course and eventually beating them by 0.4 Seconds! Tim Bull and Kenny Chalk also had a great result coming in 2nd in the Masters E2x, congratulations to them all.

The same weekend Kirsty Melin and Julia Fabrizzi also competed in the offshore race at Exmouth coming in 2nd in the M50 over the 6km course. This was a good warm up for this coming weekend where they are competing at the World Rowing Coastal Championships at Saundersfoot.

So in summary, the club has seen some excellent results in a busy month's racing and we are hoping that we can take this momentum into the autumn head seasons with crews from all squads racing and Upper Thames Head on 30th October 2022.

On the social front it was great to see so many of the club young and old at the club social on 23rd September with great food once again from Jo and Guy Verney.



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Squads update

It is encouraging to see as we begin to ramp up the squads for next season that there is some real positive momentum particularly in the Ladies and Juniors where with 35 members we have had to split it into 2 squads – Junior Race Squad (currently 12 but it will expand) with the rest in the Junior Development Squad. As the ability of people in the latter improves the expectation is they will move to the race squad.

It is really encouraging to note the engagement of the parents who are stepping up to help with the admin (each squad has one) and parents are also contributing to running sessions with Hugo and Kirsty away.

Despite this we have had to introduce a coaching levy (£25 for all Junior quad members and £15 for the second child) to pay the coaches to support the Junior Development sessions. This will reduce the coaching cost to the club (we hope this should cover at least 60% of the cost of the sessions between October and December 2022. We are hopeful with our new fee structure for 2023 that this will help cover much of the coaching costs going forward.

The ladies squad with incoming captain Sophie driving has started really positively and we are planning to race the eight at Upper Thames Head. The Men under Pete's guidance are also slowly beginning to ramp up their training.

Equipment Update

It has been a relatively quiet time in terms of equipment with the only expenditure £1.2k on some new weights which will support the Men's and Women's training on a Tuesday evening.

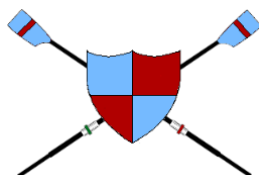
The focus now is on maintenance for the junior boats and personally I believe we need to look to get the Skylarc refurbished as soon as we have the funds to do so and if the Janousek quote is reasonable.

Per previous discussion if there was a boat priority it would be for another coastal pair.

Decisions Required

The following decisions are required.

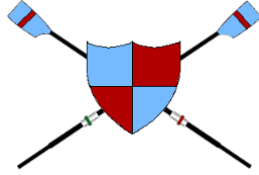
- Date for the Colin Fagan Head – is there an opportunity in November?
- Date for Christmas Pudding Races – can we get that done again on 17th December? Proposed format the same as last year.
- Confirmation of timing of Skylarc refurb and approval to go ahead with it.



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Appendix 1 - Summary of Results

Regatta	Position	Event	Crew
South Coast Championships (10 th September 2022)	1 st	J18 Girls 4+	Maisie Chamberlain, Pippa Homewood, Imogen Scott, Annabelle Wilkinson Cox Kirsty Melin
	1 st	Mens Junior 4+	Jake Swainsford, Chris Whitbread, Callan Wallis, Seb Mills, Cox Livvy Bull
	1 st	Masters 40 4+	Dave Mans, Mike Leyland-Jones, Hugo Mills. Pete Lock, Cox Livvy Bull.
	2 nd	Ladies Junior 4	Elysia Parry, Pippa Homewood, Amelia Wakely, Annabelle Wilkinson – Cox Kirsty Melin
	3 rd	Men's Senior 4+	Dave Mans, Seb Mills, Callan Wallis, Pete Lock, Cox Livvy Bull
Worlds Masters (10 th September 2022)		D1x	Kenny Chalk 3 rd & Tim Bull 5 th
		E1x	Kenny Chalk 3 rd & Tim Bull 5 th
	5 th	D2x	Kenny & Tim
	3 rd	E2x	Kenny & Tim
	3 rd	E4+	Tim & Kenny and Pete and Ray from Poole
	2 nd	E4-	Tim & Kenny and Pete and Ray from Poole
Itchen Junior Regatta (17 th September 2022)	1 st	J15 Boys Comp 4x	George Balfour, Izaac Butchers, Rufus Rose, Patrick McCabe
	1 st	J15 Boys Novice 2x	Sol Chamberlain, Rufus Rose
	1 st	J14 Girls 4x+	Eve Evans, Jess Moir, Zara Gray, Izzy Wakely
	1 st	J14 Boys 4x+ (Coastal)	Gabriel Wall, Elliot Watson, Brage Wallis and Teo Sheffield
	1 st	J14 1x	Tom Williams
Scullers Head (17 th September 2022)	244	Sch Jun 1x	Seb
	292	U23 1x	Ellie
	415	Sch/Jun 1x	Pippa
	DNF	Lwt 1x	Alex
Pairs Head	1 st	Masters B 2-	Pete Lock & Dave Mans



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(2 nd October 2022)	2nd	Masters E2x Champ	Tim Bull and Kenny Chalk
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